



News / Announcements

**Week of November 16, 2009**

**Monday:**

11/16/09

**Copper Kettle**

Old Fashioned Chicken Noodle  
(vegan) Lentil

**Cook's Table - Lunch**

Macaroni & Cheese  
Chili Mac

**Deli Horizons2 - Feature**

Black & Bleu Snackwich

**Common Slice Feature**

Cheese Pizza  
Pepperoni Pizza  
Margharita Pizza  
Pasta with Meatball or Marinara

**Fred's Grill - Feature**

Hamburgers  
Cheeseburgers  
Grilled Chicken  
Chicken Patties  
Gardenburgers  
Grilled Cheese  
French Fries

**Cook's Table - Dinner**

Roasted Turkey Breast with Gravy  
    Cornbread Stuffing  
Whipped Sweet Potatoes  
Vegetable  
Thai Tofu Stir Fry

**The Mix - Feature**

Taco Salad or Wrap

**Tuesday:**

11/17/09

**Copper Kettle**

Loaded Baked Potato  
(vegan) Vegetable American Bounty

**Cook's Table - Lunch**

Beef Fritter with Brown Gravy  
Mashed Potatoes  
Fusilli with Artichokes & Red Onion

**Deli Horizons2 - Feature**

Black & Bleu Snackwich

**Common Slice Feature**

Cheese Pizza  
Pepperoni Pizza  
BLT Pizza  
Pasta with Pesto Cream or Marinara Sauce

**Fred's Grill - Feature**

Hamburgers  
Cheeseburgers  
Grilled Chicken  
Chicken Patties  
Gardenburgers  
Grilled Cheese  
French Fries

**Cook's Table - Dinner**

Chicken Pot Pie with Sausage &  
Double Corn  
Vegetable  
Tropical Vegetable Stir Fry  
White Rice

**The Mix - Feature**

Spinach Salad or Wrap

**Wednesday:**  
11/18/09

**Copper Kettle**  
Turkey Rice  
(vegan) Cuban Black Bean

**Cook's Table - Lunch**  
Homestyle Chicken Bowl  
Vegan Red Beans & Rice

**Deli Horizons2 - Feature**  
Black & Bleu Snackwich

**Common Slice Feature**  
Cheese Pizza  
Pepperoni Pizza  
Cheeseburger Pizza  
Pasta with Alfredo or Marinara Sauce

**Fred's Grill - Feature**  
Hamburgers  
Cheeseburgers  
Grilled Chicken  
Chicken Patties  
Gardenburgers  
Grilled Cheese  
French Fries

**Cook's Table - Dinner**  
Tuscan Herbed Cod  
Carrot, Cabbage & Snow Pea Slaw  
Vegetable  
Grilled Vegetable Provencal  
Sandwich

**The Mix - Feature**  
Chef Salad or Wrap

**Thursday:**  
11/19/09

**Copper Kettle**  
Chicken Tortilla  
(vegan) Minestrone

**Cook's Table - Lunch**  
Beef Potato Pie  
Rotini with Puttanesca Sauce

**Deli Horizons2 - Feature**  
Black & Bleu Snackwich

**Common Slice Feature**  
Cheese Pizza  
Pepperoni Pizza  
Greek Pizza  
Pasta with Mushroom Marinara or Marinara Sauce

**Fred's Grill - Feature**  
Hamburgers  
Cheeseburgers  
Grilled Chicken  
Chicken Patties  
Gardenburgers  
Grilled Cheese  
French Fries

**Cook's Table - Dinner**  
Caribbean Pork Carnitas Wrap  
Vegetable  
General Tso's Tofu Stir Fry  
White Rice

**The Mix - Feature**  
Chef Salad or Wrap

**Friday:**  
11/20/09

**Copper Kettle**  
New England Clam Chowder  
(vegan)

**Cook's Table - Lunch**

**Fred's Grill - Feature**  
Hamburgers  
Cheeseburgers  
Grilled Chicken  
Chicken Patties  
Gardenburgers  
Grilled Cheese  
French Fries

**Deli Horizons2 - Feature**

Made To Order

**Common Slice Feature**

Cheese Pizza

Pepperoni Pizza

Pizza

Pasta with or Marinara Sauce

**Copper Kettle**

(vegan)

**Cook's Table - Brunch**

Omelets Made To Order

**Deli Horizons2 - Feature**

**Common Slice Feature**

Cheese Pizza

Pepperoni Pizza

Pasta with or Marinara Sauce

**Copper Kettle**

(vegan)

**Cook's Table - Brunch**

Omelets Made To Order

**Deli Horizons2 - Feature**

**Common Slice Feature**

Cheese Pizza

Pepperoni Pizza

Pasta with or Marinara Sauce

**Cook's Table - Dinner**

**The Mix - Feature**

Self-Serve Deli Bar At Night

**Fred's Grill - Feature**

Hamburgers

Cheeseburgers

Grilled Chicken

Chicken Patties

Gardenburgers

Grilled Cheese

French Fries

**Cook's Table - Dinner**

**The Mix - Feature**

Self-Serve Deli Bar

**Fred's Grill - Feature**

Hamburgers

Cheeseburgers

Grilled Chicken

Chicken Patties

Gardenburgers

Grilled Cheese

French Fries

**Cook's Table - Dinner**

**The Mix-Feature**

Self-Serve Deli Bar

**Saturday:**

11/21/09

**Sunday:**

11/22/09